

# Challenge Adventure Group Program September to December 2015



## Notes to the program:

This is our best plan for the term at the current time. It may be subject to changes, please make sure to check your email or the website before attending each week for any updates.

The age groups are pretty self descriptive but for those that don't know:

- Smalls – everyone in years 6, 7, 8 & 9
- Bigs – year 10 & 11
- YL's / Young Leaders: Year 12 & 13

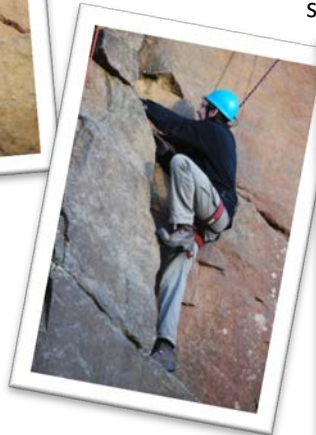
Please check the program for what your age group is doing each week before you come to the meeting.

## Trips

This term we are running two trips:

- **Andy's Farm:** we are going back to Andy's Farm for the second best weekend trip we run – but haven't done so for a little while. Andy's farm is a small holding on the side of one of the largest peaks in Shropshire, Brown Clee, with a small woods for us to camp in. We'll do some backwoods activities, go up Brown Clee, stay up late making pizza in our home made pizza oven and watch a movie or two in the middle of the woods on a giant outdoor screen.

- **Castleton Outdoor Activities Weekend: our best weekend event!** A weekend of outdoor activities and challenges in the beautiful surroundings of the Peak District in Castleton. One day of rock climbing, weasling, tyrollean traversing and may be getting wet in a river followed by a full day out on the hills around Derwent Reservoir at a fantastic time of year. We will be staying in a youth hostel for two nights – details to follow shortly!



## **Term Challenge**

Each team will take part throughout the term to win the challenges each night and earn points for the prize at the end of the term. This term the prize is Go Karting at Teamworks in Birmingham or Paintball in Earlswood.

## **The Chris Colling Trophy**

Each term we award the prestigious Chris Colling trophy to the person who is the most enthusiastic and demonstrates the best behaviour and attitude towards the activities. We will award it again this term – will it be to you??

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Week	Age Group	Activity Description								Other Meeting Notes
		7.00 - 7.15	7.15 - 7.30	7.30 - 7.45	7.45 - 8.00	8.00 - 8.15	8.15 - 8.30	8.30 - 8.45	8.45 - 9.00	
Sun 13 Sept	Dorridge Day - Come along and help promote CAG at our Inflatable Obstacle Course!									
W1) Tuesday, Sept 15	Smalls	Welcome & Registration	Team Activity: <b>Message to Bickenhill</b> obstacle race. Get ahead on team points table by working as a team to get maximum points!					Clean up & go home	Young Leaders briefed on this year's YL Development Program	
	Bigs									
W2) Tuesday, Sept 22	Smalls	Welcome & Registration	Game: <b>Capture The Flag in The Dark</b>			Night navigation route planning for the evening race for chips.		Clean up & go home	Bigs and <b>Young Leaders</b> support smalls on route planning	
	Bigs					DofE Review: members review outstanding activities				
Weekend Event: 27th Sept	Paintball: all members (& friends are welcome); last term's winning team, Team 2 will be able to on CAG!									
W3) Tuesday, Sept 29	Smalls	Evening race: <b>Race for free chips!</b> Starting point will be confirmed closer to the time. Navigate in teams and the fastest team get their chips paid for by CAG. Pick up from Dorridge or Knowle (to be confirmed) chip shop at 9pm.							Young Leaders coach small groups, providing guidance and support.	
	Bigs									
Fri 02 Oct	Hampton in Arden Family Night Walk, 7pm - 10pm. Come along for an evening walk, the more the merrier supporting young people with mental health requirements - find out more at <a href="http://www.camgrant.org.uk">www.camgrant.org.uk</a> and support a good cause!									
W4) Tuesday, October 6	Smalls	Football meets zorbing. <b>Bubble Football Tournament</b> at Goals, Star City. It's like football, but it ISN'T football really. Meet at Goals, Star City (not Bickenhill) for a 7pm start. 9pm pick up from Star City. Please bring a £10 note with you.								
	Bigs									
W5) Tuesday,	Smalls	Welcome &	Pole Engineering Challenge: most impressive and stable			Prepare for weekend trip to		Clean up &	Young Leaders to help	

October 13	Bigs	Registration	structure wins maximum team points	Andy's Farm	go home	leaders supervise event
	D of E			D of E Review: members review outstanding activities		
Weekend Event: 16-18 Oct	A CAG favourite! Join us for an outdoor autumn camping adventure at Andy's Farm in Shropshire. More details to follow shortly, but don't miss it, it's a cracker. Open to all!					
W6) Tuesday, October 20	Smalls	Welcome & Registration	Outdoor Banquet - do what you can with a mystery bag of food (it may include include something furry), build a fire to cook it. Team competition and the most impressive table and plate of food wins a prize, along with points for the team.	Clean up & go home	Young Leaders to supervise fire building and cooking	
	Bigs					
	D of E					D of E Review: Last chance for our D of E members to review and get their activities signed off.
<b>Half Term - no meeting on Tuesday 27 October</b>						
W7) Tuesday, November 3	Smalls	Welcome & Registration	Old school games: We're out on the field so bring suitable clothes to play the classics	Bushtucker Trial: Strong stomachs needed for this tasty team competition. Team points to be won!	Clean up & go home	Young Leaders are head chefs tonight!
	Bigs					
W8) Tuesday, November 10	Smalls	Welcome & Registration	Wide Game: Bickenhill just isn't big enough for this event so we will be in Dorrige Park or Hay Wood tonight. Details will be shared closer to the event.			Young Leaders take a lead role in the design, planning and running of this event.
	Bigs					
Weekend Event: 13-15 Nov	Castleton trip: the best weekend event most people have never done!					
But those who have say it's the best weekend they have taken part in. Friday evening travel to Castleton, with all day activities on Saturday, returning home on Sunday evening. This is a great weekend to really experience what it means to be part of CAG. If you like the outdoors and activities, you'll love this weekend!						
W9) Tuesday, November 17	Smalls	Go karting at Team Works Karting, Digbeth Team points available for the fastest laps and best driving ability.				
	Bigs					

W10) Tuesday, November 24	Smalls	Welcome & Registration	<b>Team Challenges:</b> A real variety of challenging activities. Each team will need to pick their strongest members for each discipline, i.e. physical, logical, technical and navigation.	Clean up & go home	Each team will need to bring a pair of tights, a skate board and washing up bowl.
	Bigs				
W11) Tuesday, December 1	Smalls	<b>Swimming Pool Games at Archbishop Ilsley School</b> Meet at Archbsihop Ilsley School, Shirley Road entrance at 7:15pm. Pick up at 9pm.			<b>Young Leaders</b> to help design pool games and referee.
	Bigs				
W12) Tuesday, December 8	Smalls	Welcome & Registration	<b>Bavarian Night:</b> We'll be outside making fire and cooking HUGE sausages so wrap up warm. Creative skills may also be tested!	Clean up & go home	Each team to bring newspapers and plastic bags for a mystery team challenge.
	Bigs				
W13) Tuesday, December 15	All	All CAG members, parents and committee members are invited to join us for an evening of fun, dinner & awards. Location: Indian Restaurant in Knowle, to be confirmed.			