**Trip Information and Permission Form**

**Shropshire Camping Weekend**

As you know from the program, we are running a weekend camping and hiking trip to Andy’s Farmhouse in Ditton Priors on the weekend of October 16th – 18th 2015.

**This is a trip for all members.**

It is for anyone who wants a weekend night at Andy’s making pizza, roast food, watching movies on the biggest outdoor screen with surround sound!

During the day on Saturday we will be out and about on either Brown Clee or the Long Mynd and will either set you a route to complete or run a wide game over those areas – depending on numbers.

**We will provide all major equipment and food, all you need to do is bring yourselves with some clothes and a sleeping bag & mat.**

**If you need to borrow a sleeping bag & mat we can help you with this as well.**

## ****Accommodation****

We will be staying in the woods at Andy’s house. There is plenty of space for the tents – or we can camp on the meadow next to it. There is a fire pit, water in the hose and luxury bathroom (bucket). One of the jobs whilst we are there is to try to make a fire powered outdoor shower.

## Location and Local Area

The site is a minute outside the village of Ditton Priors in the heart of Shropshire. It is extremely rural but easy to get to. Travel time is 1 hour 15 minutes from Solihull.

Our address for the weekend will be:

Powkesmore Holding
Ashfield Road
Ditton Priors
Shropshire
WV16 6TW

You can see this location by visiting entering the post code of WV16 6TW in Google maps at <http://maps.google.co.uk> or [click here](https://goo.gl/maps/SoxipsJvWFv).

## Weather:

The usual weather in October is 13 degs during the day, maybe with a bit of sun or light rain, 3 or 4 degs overnight. It could be warmer or it could be cooler with rain - we have camped here in the snow in the past – but we know the area and we know that if everyone has the right gear the weather doesn’t matter. This is a good weekend to test your response to the weather, test your gear and test yourself over a short weekend.

## Transport:

We will be leaders cars to get everyone to and from Ditton Priors - if anyone needs to get those back for Rugby matches they will need to make arrangements to be picked up and returned that morning, it is possible to do it in time! However, we may ask parents to assist in the logistics on the Sunday morning – Ditton Priors is just over an hour from Solihull.

## Activities & Schedule:

The program for the trip is as follows:

|  |  |
| --- | --- |
| Date | Activity / Event |
| Friday October 16th  | * Meet at Knowle Long Stay Car Park at 5.30pm
* Travel to Ditton Priors – fish & chips on route
* Set up camp at Andy’s Farmhouse
* Quick snack
* Catch a movie and get to bed
 |
| Saturday February 16th  | * Up, breakfast
* Make packed lunch & out on hills for the activity
* Back to campsite
* Cook dinner, eat, watch movies and make hot food till small hours
 |
| Sunday February 17th  | * Get up, pack up
* Leave site
* Small activity on way back
* Return home to Knowle Long Stay Car Park for 4.00pm.
 |

## Equipment:

The weather will have every potential for rain, snow, sun, hail, wind, whatever. However, some sensible equipment will be all that is needed to enjoy the trip in comfort. You won’t be cold or wet at all if you have the right equipment.

A kit list is provided on the last page, but the important items are:

* **Rucksack / bag**: you will need at least a 45 litre back pack or bag to carry all your own gear – if you are intending to do D of E or other outdoor activities in the future then aim for a 60 litre rucksack as a minimum. You need to be fitted for your rucksack if you are thinking of purchasing one. If you don’t have one and aren’t intending to buy one then please consider borrowing a rucksack off another member. Alternatively we have 6 rucksacks available to lend to members.
* **Good warm sleeping bag**. A reasonable sleeping bag will be in the region of £30 - £50. Millets in Solihull do a Vango Cocoon sleeping bag for £35or the Planet 100 for £45 – if you mention Challenge Adventure Group (we are listed under “Scout Groups”) you will also qualify for a 10% discount.
* **Sleeping mat**. These come in all shapes and sizes but basically you need to keep your body off the floor and on the mat with a good foam support. Typical prices around £10 - £20. If you want to go further, consider a self inflating foam mat, like a Thermarest or a model by Vango. Cost: £20 - £50.
* **Waterproofs**: the weather can still be pretty changeable at this time of year. You will need water proof trousers and a jacket. If you need to get new ones, don’t spend a fortune, you can get reasonable Regatta waterproofs for very little money.
* **Proper Walking boots** will be a huge bonus: we are going to be on uneven ground during the daytime that will easily twist an ankle if you are unlucky. You need to make sure you have boots, not cross trainers, shoes etc., with a good level of foot & ankle support. If you don’t have them you can get them at Millets. Look for a boot with a good leather upper, or a water resistant soft outer. Don’t spend a fortune, but don’t skimp either!! If they don’t have anything for you, try Go Outdoors in Coventry, but don’t take their specials as they tend to be a bit rubbish - you always get what you pay for.
* If you don’t have a warm sleeping bag and mat we will be able to lend you one – please let us know as soon as possible.

The kit list is supplied at the end.

If you don’t have any of the kit shown above we have rucksacks, sleeping bags and sleeping mats available to loan to you at a very small cost – we have a limited supply of these and will provide them on a first come first served basis.

## Leaders:

The leaders on this trip are as follows:

|  |  |
| --- | --- |
| **Leader** | **A little about them, in case you didn’t already know** |
| **Simon Thomas** |
| Likes: Aston Villa, Curry, Muse concerts, Yachting & Water Skiing.Dislikes: Fishing, Birmingham City, Westlife & QueuesAge: about 12 | Simon has been planning and running trips for youth groups for over 20 years. Simon has extensive mountain experience and is currently completing his Mountain Leader award. He’s a very smart fella!Having worked in the U.S. for 16 years, Simon was also a waterfront activities director at a kids summer camp in Maine, USA. |
| **Lindsay Underwood** |
| Likes: Maps and sunshineDislikes: Crème Caramels Age: 49 | Lindsay is fast turning in to CAG’s very own Bearess Grylls. She won’t be staying in a tent on this trip – instead she intends to find a rotten animal carcass, furnish it with leaves, build a small electrical generating plant out of materials to hand and create a home from home in which to live for the weekend. |
| **Jerome Ment** |
| Likes: Running, Aston Villa, Curry, skiing – never done it before either!Dislikes: Birmingham City, trafficAge: 67, looks good doesn’t he! | Jerome is a new leader with CAG and enjoys getting out and about at weekends.He will be learning all the camping techniques we have to offer in the british isles, mixing them with some of his fine outdoor skills learned in South Africa |
| **Ruth Billingham** |
| Likes: Simon, making Simon’s tea and dinner, Aston Villa, in that order.Dislikes: Birmingham City, white coloured food!Age: 97 | Ian is an outdoor god – Ray Mears learnt everything off him!Ian is a regular CAG leader and has been on many outdoor expeditions with us. |
| **Reece Colling** |
| Likes: Simon, his dog, Joel Alcock.Dislikes: Birmingham City, white coloured food!Age: 22 | Reece has learned everything he knows about the outdoors from Simon. As CAG’s youngest leader he is also the one we most have to calm down. Reece will be with us from Friday night to Saturday morning but is so dedicated to his job he has to return there for the rest of the weekend. |

## Home Contact Details:

During the trip the home contact, in case of **emergency**, will be Stu Knight. His details are as follows:

Home tel: 015654 776213
Mobile Tel: 07977 910199
Email: stuknight100@gmail.com

These details should only be used in case of emergency. Stu will also update you if a later return than planned is anticipated.

## Trip Cost

The trip will cost £35.

There won’t be any need to bring spending money other than for stops on the journey to and from Shropshire – there aren’t any places to spend money otherwise.

Cheques should be made payable to “Challenge Adventure Group” and returned with your form.

## Application & Fee

To apply to go on the trip please return your form AND trip fee to:

**Simon Thomas
75 St Johns Close
Knowle
Solihull
West Midlands
B93 0NN**

**Please return your form to the address above by October 11th!! THIS IS A SHORT DEADLINE!! Sorry, but we need the forms back in this time period so we can plan the trip.**

 If you can’t return your forms by that time please email simon@challengeadventure.org to notify him of your intention to camp. A deposit will be required in this case. You can also let us know of your intention by filling in the form on the website.

**Intention to Camp:**

**Shropshire Camping Weekend**

|  |  |
| --- | --- |
| Your name: |  |
| Name of CAG member intending to take part in the trip: |  |
| I understand the cost of the trip will be £35I understand the trip will run from the dates of October 16th – 18th . I enclose the trip fee (non-refundable in the case of acceptance on the trip) payable to “Challenge Adventure Group”. |
| I understand the deadline for application and payment will be **Sunday October 11th 2015**. If I don’t complete the payment by that date I understand my son’s place may be offered to another CAG member. |
| By signing this form I confirm that the above named CAG member will take part in the trip, and I will be liable for the full cost of the trip, unless otherwise notified by the leader in charge, in the event that my son will not be able to take part for whatever reason. |
| Signed: |  |
| Date: |  |
|  |  |
|  |  |

## Equipment Rental

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| --- | --- | --- | --- | --- | --- | --- |
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 | Rental Cost |
| I would like to borrow a sleeping mat:  |

|  |  |  |  |
| --- | --- | --- | --- |
| [ ]  | Yes | [ ]  | No |

 | £2 |
| I would like to borrow a sleeping bag:  |

|  |  |  |  |
| --- | --- | --- | --- |
| [ ]  | Yes | [ ]  | No |

 | £5 |
| I would like to borrow a rucksack:  |

|  |  |  |  |
| --- | --- | --- | --- |
| [ ]  | Yes | [ ]  | No |

 | £5 |
| I understand the sleeping bags need to be cleaned & aired and the mats to be wiped clean before returning them. I undertake to return the equipment in its original condition and will make good any requirements for repair or replacement for whatever reason whilst in my possession.I understand the equipment is rented out on a first come first serve basis. I will add on the cost of rental to my payment. |

**Permission to Camp:**

**Shropshire Hiking Weekend**

To be signed by a parent / guardian. Please complete legibly in black ink.

Please return the lower section of this form signed and dated by **Sunday October 11th** to Simon Thomas at: **75 St Johns Close, Knowle, Solihull, B93 0NN or the next meeting if I advise of my attendance through the online form.**

|  |  |
| --- | --- |
| The trip will take place at:**Powkesmore Holding, Ashfield RoadDitton Priors, Shropshire, WV16 6TW** | The trip will take place on October 16th – 18th.We are leaving from Knowle Car Park (behind the library) on October 16th at 5.30pm and will return at 4.00pm on October 18th.The cost of the trip is £35. |
| No responsibility for the personal equipment / clothing and effects can be accepted by the camp organisers and Challenge Adventure Group does not provide automatic insurance cover in respect to such items. |
| I give permission forto attend the Shropshire Camping Trip on October 16th – 18th.Has she / he been in contact with any infectious diseases within the last three weeks:

|  |  |  |  |
| --- | --- | --- | --- |
| [ ]  | Yes | [ ]  | No |
| Date of last tetanus immunisation:  | \_\_\_\_\_\_ / \_\_\_\_\_\_\_\_\_\_ / \_\_\_\_\_\_\_ |

Medicines currently being taken:Does she / he have any allergies to food, medicines or other? Please provide details.Does he / she have any special dietary needs? Please provide details. | Does he / she have any special needs? Please continue overleaf if necessary.Does he / she have any conditions that may prevent him / her from taking part in the programmed activities?

|  |  |  |  |
| --- | --- | --- | --- |
| [ ]  | Yes | [ ]  | No |

If so, please provide details below. Please continue overleaf if necessary.Name and address of own doctor:

|  |  |
| --- | --- |
| Date of birth: | \_\_\_\_\_\_\_\_ / \_\_\_\_\_\_\_\_\_\_ / \_\_\_\_\_\_\_\_\_ |

During the event I can be contacted in an emergency at:

|  |  |
| --- | --- |
| Address: |  |
| Telephone number: |  |
| Mobile Number: |  |

 |

I understand that the Leader reserves the right to send any participants home if necessary. If it becomes necessary for my child to receive medical treatment and I cannot be contacted by telephone or any other means to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the leader in charge of the trip to sign any document required by the hospital authorities.

|  |  |  |  |
| --- | --- | --- | --- |
| Signed: |  | Date: |  |

Note: The medical profession takes the view that the parent’s consent to medical treatment cannot be delegated. This view is explicit in the Children Act 1989. Thus medical consent forms have no legal status and a doctor/nurse insisting on the consent of a parent to a particular treatment has the right to do so.

**Kit List:**

**Shropshire Hiking Weekend**

You will need the following:

* Plenty of thin layers
* A hat (preferably fleece)
* Gloves - possibly
* Waterproofs
* A set of clothes to travel home in

The following list is a minimum that you must bring.

**You must have WATERPROOFS**. That doesn’t mean ‘showerproof’, but WATERPROOF. If you need to get equipment, some suggestions for you:

* Go to Millets in Solihull – they will give you 10% discount if you mention you are with Challenge Adventure Group (ask them to put it down as a scout discount if they look confused).
* If you need to buy boots: don’t spend a fortune! You will be able to get a very reasonably priced set of boots that are sturdy and not too padded. The spongy cheap padded boots will rub so don’t buy these either. Get leather uppers if possible, they will be more waterproof and last longer.

|  |  |
| --- | --- |
| Required!!* Underwear x 1
* Socks x 2
* T shirts x 1
* Sweatshirt or fleece (preferable)
* Warm Jacket
* Hat & gloves
* Rucksack / bag of at least 45 litres minimum - essential
* Torch & Spare Batteries
* Water bottle
* Spare plastic bags for dirty / wet clothes
* Personal First Aid Kit
* Walking boots & walking boot socks
* Wicking undershirt??
* Waterproof Jacket
* Waterproof Trousers
* Sleeping Bag – **no pillow!**
* Sleeping Mat

Please note:Cotton clothing will pick up moisture very quickly and won’t dry in the conditions we will be in. Please make sure that you don’t bring cotton clothing if you can. | For eating:* A plastic bowl
* A ‘spork’ (spoon & fork in one)
* Plastic Cup

Optional* Thermal underclothing: top and bottom
* Cards
* Camera
* Gloves & Hat
* A full washkit – if will it be used?

Do NOT bring:* A knife of any kind – you won’t need it
* Mobile Phone!!!!!! There’s no signal there.
* Ipod or other music player if you don’t want to damage it – it will be your responsibility.
* PSP / Game Boy Advance, etc ditto.

Spending money:There will not be any opportunities at all to spend money other than during the trip to and from Shropshire – and we aren’t planning on stopping. If you wish to bring some money £10 will be more than enough. |

### Naming Items:

Please make sure all of your items are suitably marked or named so that you can reclaim them. We always have items of clothing left over that probably amount to over £100. If they are named we will be able to get them back to you. Call Simon on 07808 481688 if you have any questions.